

Scorecard on 1 Better Every day

- How consistently am I applying the 1% better daily mindset?
- Can I identify specific areas where I've made small improvements recently?
- Are my goals realistic and specific enough to track daily progress?
- How often do I reflect on my daily goals and adjust them based on my progress?
- Am I regularly assessing what went well and what could be improved?
- How often do I celebrate my small wins and use them as motivation to keep going?
- How do I respond to setbacks or mistakes? Do I see them as chances to grow?
- Can I recall a recent failure and how I turned it into a positive learning experience?
- Do I have people in my life who encourage me to be better every day?
- How often do I seek feedback from others to guide my improvement efforts?
- How do I reward myself for the small steps forward I take each day?
- Am I acknowledging my growth and using it as fuel to continue my leadership journey?
- How often do I remind myself of the compound effect of being 1% better every day?
- Do I stay focused on the big picture, even when progress seems slow?
- Do I have a favorite "1% better every day" quote that I revisit for motivation?
- How do these quotes or affirmations help me stay committed to continuous improvement?
- How do I ensure that I'm growing in all areas of my life, not just in my leadership role?
- Can I see a connection between my personal growth and my effectiveness as a leader?
- How do I manage my expectations when progress is slower than expected?
- Do I encourage my team to adopt the same mindset and celebrate their small improvements?